

# DIABETES CHRONIC DISEASE MANAGEMENT FORM

MINISTRY WELLNESS CENTER



## PERSONAL INFORMATION

Full Name :

Date of Birth :        
D D M M Y Y      Gender :  Male  Female

E-Mail :  Phone Number :

Weight (lbs) :  Height :

## MEDICAL HISTORY

Do you have a diagnosis of diabetes, prediabetes, insulin resistance, PCOS, metabolic syndrome, gestational diabetes, or glucose intolerance?

Yes      If yes, how long?   
 No      What is your last Hemoglobin A1C level?

Do you have an immediate family member with a history of diabetes (DM)?  Yes  No

## SYMPTOMS

Are you experiencing frequent urination or dry mouth?  Yes  No

Are you experiencing abnormal weight loss or gain?  Yes, losing weight  
 Yes, gaining weight  
 No

## BODY COMPOSITION

Is your Body Mass Index (BMI) 25% or greater?  Yes  No

## BLOOD SUGAR LEVELS

Do you monitor your blood sugar at home?

Yes      If yes, have you ever recorded a fasting blood sugar level exceeding 126 mg/dL or a random blood sugar level surpassing 180 mg/dL?  
 No     

THANK YOU FOR YOUR INFORMATION